

SALT ROUTE

NORTH

7 NIGHTS/8 DAYS

EXCELÊNCIA
DE PORTUGAL

THE FINEST HOTELS AND EXPERIENCES

DAY 1

Welcome to Porto! At the airport you will be met by our driver-guide with transfer directly to Aveiro, the Portuguese Venice, whose history is closely linked to salt. Check-in at the hotel first thing in the afternoon and free time to relax. The atmosphere of the Montebelo Vista Alegre hotel is very special and is closely linked to the Vista Alegre porcelain factory, whose museum is part of the project and can be visited to see the hand-painted porcelains.

DAY 2

During the morning we will visit the centre of Aveiro, take a ride on a moliceiro boat and learn about its history and its connection to the production of salt. The Aveiro salt is a very valuable resource in the regional history.

The production of sea salt - affectionately called "white gold" by the locals - had a significant expression in the 60s of the 20th century, when it reached a production of 270 seas, with around 95,000 tonnes/year in 1966. Lunch will be based on fish and seafood in one of the typical restaurants on the Costa Nova, which surprises with its striped houses. Afternoon at leisure in the centre of Aveiro, dinner at leisure.

DAY 3

In the morning we leave for Porto, where we will arrive after approximately one and a half hours. Our hotel will be the modern Hotel The Lodge on the river bank opposite to the Douro river, in Vila Nova de Gaia. Lunch in Ribeira do Porto will be free.

In the afternoon we will discover the city with a walking-tour with a local guide. Included in the itinerary is a visit to the Palácio da Bolsa (Stock Exchange Palace) which is closely connected the history of Oporto. Then, a walk down to Ribeira and across the beautiful Dom Luis Bridge to visit the famous Burmester Port wine cellar, with a tasting of Port wine at the end. tasting at the end.

Dinner and evening free. Accommodation at The Lodge Hotel in Vila Nova de Gaia, with fantastic views over the old town of Porto. We can reserve a table in one of the hotel restaurants or at Vinum, a Symington Port wine project, or at Barão Fladgate where you will taste Taylors Port wines.

DAY 4

In the morning we recommend a visit to WOW - the World of Wine, the new museum district in Vila Nova de Gaia, where you can learn about wine, cork chocolate and the history of Porto. Five different museums, with 2 tickets to choose from already included in the tour package. For lunch we suggest the Douro estuary and Leça de Palmeira, a residential area of Porto to enjoy a nice lunch by the sea.

Afternoon at leisure in the city of Oporto. For dinner we recommend a reservation at Vinum restaurant, which belongs to the famous Symington cellars, to enjoy a good codfish or a good meat with the splendid wines of this house. by the splendid wines of this house.



DAY 5

Day five of the trip takes us southwards. As this is a unique and differentiated, according to the choice of most of the group, the itinerary may include stops in Coimbra and/or Fátima. Another possibility is to stop in Nazaré, a charming fishing village that attracts surfers from all over the world for its giant waves.

After lunch we recommend a stop in Rio Maior, another salt centre in Portugal. We will visit the Loja do Sal and the reality of a Portuguese family that has been connected to the salt trade for 4 generations.

Before arriving in Cascais we will make a stop in Óbidos, a small medieval village and cultural heritage recognised by UNESCO. It is worth strolling through its narrow streets and picturesque squares. Be sure to taste a "Ginginha", a delicious Portuguese cherry liqueur which originated in this town and, here, is offered in a glass chocolate glass.

At the end of the day we will arrive in Cascais, where accommodation will be at the Grande Real Villa Italia hotel. This luxury hotel has a Thalassotherapy centre and is situated in the centre of the picturesque town of Cascais, now the cosmopolitan centre of the Lisbon region. Dinner at leisure and relaxation.

DAY 6

This day will be dedicated to getting to know Lisbon. Entrance to the capital of Portugal through Belem, the quarter of the discoveries to the west of the city, and where we will be able to know the history and appreciate some of the ex-libris monuments of the city, such as: the Tower of Belem, the Jeronimos Monastery and the Monument of the Portuguese Discoveries. Free time for lunch at Terreiro do Paço.

In the afternoon a 2 hour ride in the nice tuktuk mini-trucks, to contemplate Lisbon from its 7 hills and get to know the viewpoints and its beautiful views over the city and the river.

At the end of the day return to Cascais. Dinner and free night.

DAY 7

Today we will discover one of the most beautiful coastlines in Europe, the Lisbon Coast - stretching from Lisbon to Cabo da Roca, the westernmost point of the European continent.

In the morning we will visit Sintra and the Palácio da Vila castle, with its important collection of antique tiles - one of the oldest imperial palaces in the world.

We will continue to Cabo da Roca and Guincho beach, one of the most beautiful beaches in the region and Portugal. Lunch at your leisure. We recommend dinner tonight in one of the best Fado Houses in Lisbon, such as Mesa dos Frades or Clube de Fados.

DAY 8

Free day and transfer to the airport in time for your return.

THIS PACK INCLUDES:

- 7 nights accommodation with breakfast
- 5 stars hotel in Aveiro, Oporto and Lisbon
- Transfer from Porto airport to Aveiro
- Moliceiro boat trip
- Visit to Vista Alegre Museum
- Local guide in Aveiro
- 2 hours walking tour in Porto and Lisbon
- Entrance and visit to Palácio da Bolsa
- Entry, visit and tasting at Burmester Cellars
- Visit to Óbidos and Nazaré
- Lunch at Nazaré beach
- 2 hours tuktuk tour around the sights of Lisbon
- Coffee with custard tarts during the tour
- Visit to Sintra, Cabo da Roca and Azenhas do Mar
- Transfer to Lisbon airport
- Concierge service via Whatsapp during the whole trip

FIND MORE EXPERIENCES

OBSERVATIONS:

This tour will be done in Mercedes Sprinter Minivan with Guide/driver for minimum groups of 4, 6 or 8 people. There will also be a second tour similar to this one, but inverted: it starts in Lisbon on the 28th February and ends in the Algarve on the 7th March 2023. On any itinerary, travellers can choose in which restaurant they will take part in the launch dinner of the book "The World of Salt", always with the presence of two global Chefs, from Brazil and Portugal. The hotels indicated are pre-booked until January 20th 2023. After this date any request is subject to availability. We may offer alternative hotels of similar category and location. To make your reservation or learn more please contact us via email:

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